

**The Indiana Junior High School Athena Club
The 9th Annual Pick-A-Cause 5-K Run & 5-K Fun Walk
March 25, 2017 at Blue Spruce Park**



**Team Red, White &
Blue**



**The Make-A-Wish
Foundation**



**The American Red
Cross**



Family Promise

You choose the cause that your entry fee will benefit!

9 a.m. Walk-In Registration

10:00 Lollipop Kids' Runs (50 YD Dash, ¼ mile & 1 Mile Runs!)

10:30 5K Run/ Walk

All levels of runners and walkers welcome. Refreshments after the race.

Pre-Registration Rate (to March 15)-- race shirt guaranteed :

Individual Rate \$17; Student/ Military/ Veteran Rate \$15

Family Rate-- \$60 (up to 4 entries in one family)

Late Registration Rate (after March 15): \$20 for all (no guarantee of shirt)

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| <p>Choose your Cause (Please circle your choice):</p> <p>Family Promise</p> <p>American Red Cross</p> <p>Team RWB</p> <p>Make-A-Wish</p> | <p>Awards will be given in both Men's and Women's Divisions for 1st, 2nd, and 3rd place overall.</p> <p>Medals for 1st, 2nd, and 3rd place in each age division. Ribbons and lollipops for all kid's race finishers!</p> <p>Age Groups: 9 and under, 10-12 yrs, 13-14 yrs, 15-18 yrs, 19-29, 30-39, 40-49, 50-59, 60+</p> <p><i>KING AND QUEEN: An Athena PAC 5K King and Queen will be awarded to the first Junior High female and male student to cross the finish line.</i></p> |
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Lollipop Kids' Runs—Fun runs for kids of all ages! There will be a 50-meter "dash," ¼ mile run and a 1 mile timed run. All kids will receive a lollipop and a ribbon. Pre-registered kids with t-shirt will be \$10. Race day registration for kids' races will be by donation (no shirt).

Name: _____ Age: _____
Event (circle): 5K Run OR 5K Walk OR Lollipop Run Sex: Female or Male
Address: _____ City: _____ State: _____ Zip Code: _____
Phone Number: _____ Email: _____
Shirt Size: S__ M__ L__ XL__ XXL__ Youth Sizes: S__ M__ L__

I understand that running and/or walking in a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, the effects of the weather, including cold, snow and/or ice, high heat and/or humidity, traffic and conditions of the road/trail, all such risks being known and understood by me. In acceptance of this entry for this event, I hereby release the Indiana Area School District and any of its representatives, and the Indiana Junior High School Athena Club and any of its representatives involved in the race, from any and all contentions or claims of damages or injuries suffered by myself and/or registered program participants as a result of participation in this event. I attest that I or the person I am registering for this event is physically able to participate in this event.

Participant Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____
(Required if participant is less than 18 years old.)

Contact: Candice Lockard , Race Director at 724-463-8568. E-mail: clockard@iasd.cc
Mail application and check, payable to Indiana Junior High School, to:
Indiana Junior High School C/O Candice Lockard, Athena Club
245 North 5th Street Indiana, PA 15701