

YMCA offers ADAPTED SPORTS PROGRAM

The YMCA will now be offering an adapted sports program for each session. This session we will be offering basketball, spring I we will have soccer, and Spring II we will offer t-ball/coach pitch. These programs will always take place on Sundays from 1:00-2:00pm for ages 6-10 and 11-14.

Below is a description and information on the adapted basketball league beginning on January 15th.

ADAPTED BASKETBALL LEAGUE

This is an instructional/developmental

basketball program specifically designed for children with or without disabilities. The program focuses on skill development and prepares participants for participation in informal and formal games.

Ages: 6 - 10 and 11 - 14

When: January 15 - February 19

Sundays from 1:00 - 2:00 p.m.

Fee: \$30 Members; \$60 Non-Members

Contact the welcome center at 724-463-9622 to register or Jen Sandusky (jensandusky@icymca.org) for more information.

Jennifer Sandusky

Director of Family and Youth Programs

Y of Indiana County

60 N. Ben Franklin Rd

Indiana PA 15701

724-463-9622

www.icymca.org