

Special Needs Activity Program

Department of Health and
Physical Education
Indiana University of Pennsylvania

What is SNAP?

The Special Needs Activity Program at Indiana University of Pennsylvania is a motor development, physical fitness, and aquatic program designed for individuals with a variety of disabilities. Participants in the SNAP program are individually assessed while performing a variety of basic locomotor and manipulative skills in the gymnasium and a variety of aquatic skills in the swimming pool. Additionally, participants have the opportunity to enhance their levels of physical fitness by utilizing the Jim Mill Fitness Center, which contains a climbing wall and a variety of cardiorespiratory and weight training machines and equipment.

Who works at SNAP?

The SNAP Program at IUP is conducted under the direction and supervision of Dr. David Lorenzi. Dr. Lorenzi is an Assistant Professor in the Department of Health and Physical Education, is a Certified Adapted Physical Educator (CAPE), and has an extensive background in working with individuals with disabilities in a variety of physical activity settings.

Instructors for SNAP clients are students enrolled in HPED 344 Adapted Physical Activity and Sport, HPED 370 Adapted Health and Physical Education, and HPED 209 Motor Behavior. Other student volunteers from early childhood development, nursing, special education, and other academic programs regularly volunteer in the SNAP program.

DATES TO REMEMBER!

<u>Children's SNAP Program</u>	<u>Adult SNAP Program</u>
Saturdays from 9am – 11am on the following dates:	Wednesdays from 6pm – 8pm on the following dates:
September 24	September 14
October 8	September 21
October 15	September 28
November 5	October 5
November 12	October 12
November 19	October 19
December 3	October 26
December 10	November 2

Cost:
\$65.00 (\$120 for siblings)
Each participant will receive a
t-shirt and certificate

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