

NEWS FROM THE ATHLETIC OFFICE...

Spring Sports officially start Monday, March 5, 2012

If you plan to participate in a spring sport and have participated in a fall or winter sport this school year, then you only need to complete a Re-Certification Form (section 5). **The re-certification form must be completed and turned into the nurse's office by Monday, February 27, 2012.**

If you have not participated in a fall or winter sport, please complete the Pre-Participation Physical Forms (Section 1-4). **If this is a new physical, it cannot be dated before Monday, January 30, 2012.**

All forms are available outside the nurse's office or forms can also be downloaded from the school district website – www.iasd.cc **click Senior High; click IHS Athletics; to the left of the screen look for Sports Physical Forms.**

Forms must be completed by a parent/guardian before you are able to participate or tryout for a spring sport. The official start date for the spring sports will begin on Monday, March 5. Senior High spring sports (grades 9-12) include: Baseball, Boys' Tennis Softball, Boys' Lacrosse, and Track & Field

If a student is not able to obtain a sports physical from their private physician, sports physicals are offered at the following locations:

Walk-In Medical Care Office

- ~ 2125 Oakland Avenue, Indiana, PA 15701 (located next to Star Bucks)
- ~ Hours: Monday, Tuesday and Thursday 9:00 AM – 6:00 PM
 Wednesday and Friday 9:00 AM – 3:00 PM
 Saturday 9:00 AM – 12:00 PM
- ~ For more information, call 724-349-8660

IRMC UrgiCare at Chestnut Ridge – open 7 days a week

- ~ 25 Colony Blvd., Blairsville, PA 15717
- ~ Hours: Monday through Friday 8:00 AM – 8:00 PM
 Saturday and Sunday 9:00 AM – 5:00 PM
- ~ For more information, call 724-459-4762

Any questions, please feel free to contact Susan Zundel, high school nurse or Darla Mathe, Administrative Assistant – Athletics.

For up-to-date athletic information...

For up to date athletic information, please use the school web site: www.iasd.cc click: **Senior High**, then click on **IHS Athletics**.

You will be able to access all of the Indiana Senior High Athletic schedules as soon as they are posted on www.highschoolsports.net to the left of the screen. The spring schedules are completed for your convenience. Changes to the schedules may occur prior to and during the season.

Many other options are available at this site as well. Once you are at the site, you will see a screen that will ask you to find your school. Enter **Indiana Area Senior High School** and click on **Find School**. You may view all athletic events, just a specific team schedule, and more. You may also print any of these schedules!

The following link is provided to also assist with finding directions and school locations - **HSMAPS Online**.

To also get directions to schools: Log onto the www.piaa.org website – scroll down the right side to “**District Map**”, click on the district you need (**usually VI or VII**), click the **first letter of the High School** you want and then click “**map**.”

Listed below are other helpful website links for Athletic events/information:

www.msasportsnetwork.com

www.postgazette.com

www.wpial.org

www.piaa.org

SPORT SCHEDULE CHANGES:

It is the student’s responsibility to review the Athletic Board that is located on the wall outside the Nurse’s Office throughout the school day. Changes to the original spring sports schedule may occur. For this reason, students must take advantage and review the athletic board from time to time. As soon as a schedule changes, it is also posted immediately on the website, www.highschoolsports.net.

Extra-Curricular School Sponsored Activities...

A student must be considered present for school in order to participate in any extra-curricular activity (game or practice) scheduled that school day. A student must arrive at school by 9:15 a.m. on the day of the activity to be considered present for school.

First Day of Spring Sports Practices...

The following sports have designated their first day of practice. Please be aware that if students do not have their completed physical forms/re-certified physical forms to the nurse, they will not be able to participate in their sport until they are up-to-date with the physical forms.

SPORT	GRADE LEVEL	DATE	SITE
Baseball	9-12	<i>Tryouts</i> March 5-6	Sr. High School
Softball	9-12	<i>Tryouts</i> March 5-6	Sr. High School
Track and Field	9-12	March 5	Sr. High School
Boys' Tennis	9-12	March 5	White Township Complex
Boys' Lacrosse	9-12	March 5	Sr. High School

UPCOMING EVENTS:

Saturday, April 7, 2012 - Baseball

Benefit Baseball Game at Homer Center FMC Sports Complex against Homer Center High School

Benefits the Teddy Bear Fund Drive

Varsity game at 6:00 PM

Thursday, April 19, 2012 – Track & Field

9th and 10th Grade Invitational at Indiana High School

Meet starts at 3:15 PM

Saturday, April 28, 2012 – Track & Field

Indiana County Track and Field Meet at Marion Center High School

Meet starts at 10:00 AM